



Neuro Support 90 Cap

With its brain-boosting attributes, Lion's Mane stands as the pinnacle ingredient of this blend, making it an essential choice for those aspiring to fortify their neural pathways and optimize mental performance. This unique mushroom has been venerated in Eastern Medicine traditions for centuries, with natural occurring compounds in both the fruiting body and mycelium, that have been shown to foster synaptic plasticity, paving the way for mental clarity and cognitive agility.

How Lion's Mane Supports Brain Health

- **Penetrates the Barrier:** Unlike many natural supplements, the low-molecular-weight compounds in Lion's Mane (like erinacines from the mycelium) can cross the BBB.
- **Promotes Neuroplasticity:** It supports the production of NGF and BDNF, which function like fertilizer to grow, maintain, and repair nerve cells in the brain.
- **Reduces Inflammation:** Preclinical studies suggest it offers anti-inflammatory and antioxidant properties that help protect nervous tissue from damage.

Complementing Lion's Mane phosphatidylserine supports healthy cell membrane function and neurotransmitter signalling, while Gotu Kola enhances cerebral circulation and traditional longevity wisdom – together creating a synergetic formula for resilient and focused cognition.

INGREDIENTS:

400mg Lion's Mane (1:1) Phosphatidyl/Serine 50mg, Gotu Kola Extract 50mg